



The Beacon

National Grid Retiree Club Inc. –
Long Island Chapter

Spring 2009

Chairman's Corner – by Bob Benson

Your Executive Committee is looking into a little known Veteran's & Widow's Benefit for those veteran's who served the military in time of War. This is a benefit for those veterans or widows of veterans who may need to use Assisted Living Facilities or Nursing Home Care. We will do our best to keep you informed of our progress on this very important U.S. Veteran's Administrations Benefit.

At our April 6th, 2009 Retiree Meeting, we had Mr. Robert Fishman, who is the Senior Partner of the 'Brecher & Fishman' law firm, give an excellent presentation on Legal matters. He has offered our National Grid Retirees a "FREE" consultation for any matter that the Retiree is seeking help for with no future obligations.

If interested, call: Mr. John Anselmo at 516-471-1778 to set up an appointment. The Law Firm Offices are located in Suffolk, Nassau, Queens, Brooklyn, Manhattan, Bronx and Staten Island Counties.

Something of Interest

I recently received an e-mail in reference to a long time Brooklyn Union Gas Co. employee (1931-1972). Her name is Angela Papa and she celebrated her 100th birthday on April 11, 2009.

It is truly a rare event to have a lifetime employee reach the age of 100. We all wish her a very Happy Birthday.

Condolences:

Our deepest sympathy to the Family and Friends on the death of loved ones. They are in our thoughts and prayers

Birthday Greetings:

The National Grid Retiree Club, Inc., L.I. Chapter would like to wish all members celebrating a birthday in the coming months, a very happy and healthy birthday.

A reminder:

Our Spring Luncheon is again coming up. Enclosed is a reservation form to be filled out by all attending and mailed in. Make sure that you make note of the day of the week and the date. It is on a **Wednesday** this year.

Do I have to re-register for the Do Not Call List?

No. Your number will stay on the Do Not Call List unless you direct the Federal Trade Commission to remove it. The FTC no longer requires people to sign up every five years. (It is not necessary to register cell phone numbers, since telemarketing to them is illegal). Sign up at the FTC website, www.donotcall.gov, or call 1-800-382-1222. Check, too, to see if your state has a no-call

list. Despite the lists, it is impossible to stop all telemarketing calls. The best thing to do is hang up-and report the offender's number to the FTC. Send queries to Ask Sid. 601 E St. N.W., Washington, DC 20049 or go to www.aarp.org/blletin. We regret that we cannot answer them all.

Contact us at:

Editor: Catherine Schwartz

Call: (516) 822-5978

or e-mail: schwartzce@optimum.net

Helpful Telephone Numbers

- Medical/Dental, Pension Issues,
 - 1-866-KEY-TO-HR
 - (1-866-539-8647)
- 401k Hotline
 - 718/403-3131
- Vanguard
 - 1-800-523-1188
- Life Insurance/Beneficiary Change
MetLife
 - 1-800-906-6779
- Investors Relations:
 - 1-718-403-3141
 - 1-718-403-2629
- Pension Checks/Changes in
Address/Tax Withholding/Direct
Deposit The Bank of NY
 - 1-800-634-7936



Island Harvest
Fighting Hunger. Touching Lives.

Did you know that over 93,000 children on Long Island are hungry or at risk of Hunger?

THE NATIONAL GRID RETIREE CLUB OF LONG ISLAND

Announces

A FOOD DRIVE

**Please donate food to help out
neighbors who are in need!**

Suggested food items:

**Canned: soups, meat, vegetables, fruit, tuna, sauces, pasta,
peanut butter, jelly, beans, rice, baby food, diapers,
personal hygiene items, etc.**

**PLEASE BRING YOUR ITEMS TO THE SPRING
LUNCHEON AT THE WOODBURY COUNTRY
CLUB. THERE WILL BE CONTAINERS AT THE
ENTRANCE. THANK YOU FOR YOUR
SUPPORT.**